



Contacts: David 609/912-0273
Bob 732/735-3410
Email: dbsaPrinceton@gmail.com
<http://dbsaNewJersey.org/princeton/>
Peer support for persons with mood disorders

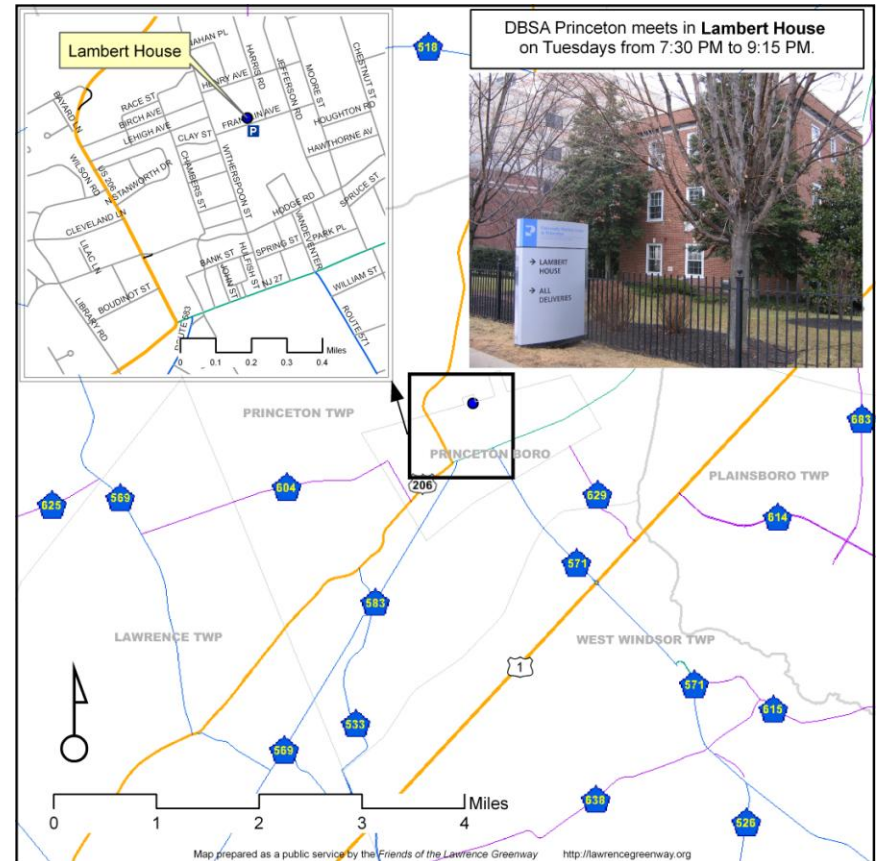
Depression and Bipolar Support Alliance Princeton, New Jersey Group

DBSA Princeton is a support group for individuals diagnosed with depression, bipolar disorder, or other mood disorders. Friends and family members of such individuals are welcome, with or without the person with the disorder.

Our support group meets on **Tuesdays from 7:30 PM to 9:15 PM** in **Lambert House** (classroom 1 on the first floor) at the **University Medical Center at Princeton**. Lambert House is a brick building on Franklin Ave. at the southeast corner of the hospital complex (see map on right). Free parking is available across the street.

- No membership or pre-registration is required.
- The meetings are **FREE** of charge.
- Support group ongoing for over five years
- Discussing and sharing topics with confidentiality
- Run by members with a Board of Directors
- Group meetings led by trained facilitators
- Professional medical advisor since group origin
- Both professional and consumer oriented guest speakers

Check our website <http://dbsaNewJersey.org/princeton/> for updates and links to helpful resources and information.



Directions: From Nassau St. in Princeton, proceed down Witherspoon St. Turn right onto Franklin Ave. as you approach the hospital. Lambert House is at the first corner on the left. Ample free parking is available on Franklin Ave. (after 7 PM) as well as in the parking lot across Franklin Ave. from Lambert House.

Advisor: Dr. David Nathan, MD, *Princeton Psychiatry*

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