

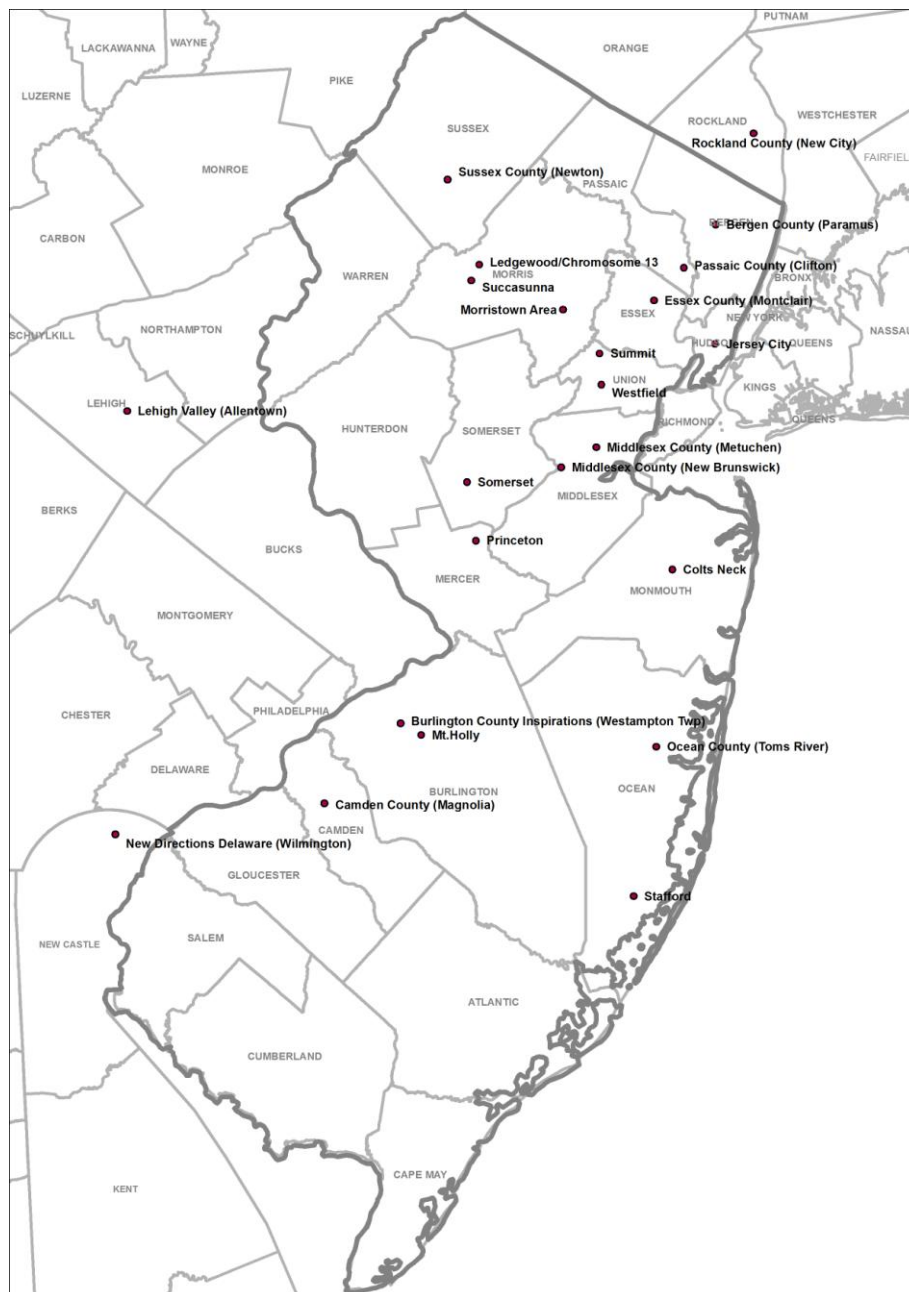


## Group Locations and Meeting Times

Depression and Bipolar  
Support Alliance  
DBSA New Jersey

<http://dbsaNewJersey.org>

DBSA New Jersey provides mutual aid support groups for individuals with mood disorders, and families and friends of such individuals. The map shows our meeting locations and selected out-of-state locations. You will find contact information, locations and meeting times for these groups on the back. Additional information, including updates, is on the web at <http://dbsaNewJersey.org>



**BERGEN COUNTY****Bergen County (Paramus)**

Contact: Monica

Phone: (888) 622-3272

E-mail: e.monica@verizon.net

Location:

Bergen Regional Medical Center  
Room E218, Psychiatric Behavioral Health Pavilion  
230 E Ridgewood Ave  
Paramus, NJ 07652

Thursday 7:30 PM - 9:30 PM except holidays

**BURLINGTON COUNTY****Mt.Holly**

Contact: Bob Schwartz

Phone: (215) 389-9504

E-mail:

Location:

Virtua Memorial Hospital  
Conference Room C  
175 Madison Ave  
Mount Holly, NJ 08060

4th Wednesday 7:00 PM - 9:00 PM

**Burlington County Inspirations (Westampton Twp)**

Contact: Carolyn

Phone: (609) 477-5340

E-mail: inspireinnerpeace@yahoo.com

Location:

Hampton Hospital  
650 Rancocas Road  
Westampton, NJ 08060

2nd and 4th Monday, 7:00 PM - 9:00 PM

**CAMDEN COUNTY****Camden County (Magnolia)**

Contact: Maribel or Doug

Phone: (877) 313-5050

E-mail: newbeginningsnj@gmail.com

Location:

Holy Trinity Evangelical Lutheran Church  
201 Warwick Rd N  
Magnolia, NJ 08049

Monday 7:00 PM - 9:00 PM

Wednesday 11:00 AM - 1:00 PM

Thursday 7:00 PM - 9:00 PM

Family and Friends 1st and 3rd Monday 7:00 PM - 9:00 PM

**ESSEX COUNTY****Essex County (Montclair)**

Contact: Tom

Phone: (201) 998-5751

E-mail: tabasile@verizon.net

Location:

First Congregational Church of Montclair  
40 S Fullerton Ave  
Montclair, NJ 07042

Thursday 7:30 PM - 9:00 PM

**HUDSON COUNTY****Jersey City**

Contact: Randall Goya

Phone: (201) 679-9913

E-mail: rgoya@yahoo.com

Location:

Hudson County Self-Help Center  
880 Bergen Ave, 6th Floor  
<Null>

Jersey City, NJ 07306

Thursday 7:00 PM - 9:00 PM

(ring bell to left of door for access to the building)

**MERCER COUNTY****Princeton**

Contact: Bob

Phone: (732) 735-3410

E-mail: dbsaprincedon+mp@gmail.com

Location:

University Medical Center at Princeton  
Lambert House, Classroom 1  
Franklin Ave  
Princeton, NJ 08540

Tuesday 7:30 PM - 9:15 PM

**MIDDLESEX COUNTY****Middlesex County (New Brunswick)**

Contact: John

Phone: (888) 226-6437

E-mail: middlesex@dbsanewjersey.org

Location:

Robert Wood Johnson University Hospital  
1 Robert Wood Johnson Pl  
New Brunswick, NJ 08901

Friday 7:30 PM - 9:15 PM

**Middlesex County (Metuchen)**

Contact: John

Phone: (888) 226-6437

E-mail: middlesex@dbsanewjersey.org

Location:

Metuchen YMCA  
65 High St  
Metuchen, NJ 08840

Monday 7:30 PM - 9:15 PM

**MONMOUTH COUNTY****Colts Neck**

Contact: Thomas Mahoney

Phone: (732) 320-0029

E-mail: tpmahoneyjr@optimum.net

Location:

St. Mary's Roman Catholic Church  
Spiritual Center  
State Route 34 & Phalanx Rd  
Colts Neck, NJ 07722

Monday 7:30 PM - 9:00 PM

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**MORRIS COUNTY****Ledgewood/Chromosome 13**

Contact: Paulette

Phone: (973) 590-1042

E-mail: how2cope@yahoo.com

Location:

Ledgewood Baptist Church  
233 Main St  
Ledgewood, NJ 07852

2nd Thursday 7:15 PM - 9:00 PM

**Morristown Area**

Contact: Linda

Phone: (973) 994-1143

E-mail: lsb1@panix.com

Location:

Morristown Unitarian Fellowship  
21 Normandy Heights Rd  
Morristown, NJ 07960

Tuesday 7:30 PM - 9:00 PM except holidays

Lecture series last Wednesday 7:45 PM Jan-Oct, check website for dates of Nov and Dec lectures

**Succasunna**

Contact: Chris

Phone: (973) 647-8082

E-mail: info@dbsasuccasunna.org

Location:

Temple Shalom  
215 S Hillside Ave  
Succasunna, NJ 07876

1st and 3rd Thursday 7:15 PM - 9:00 PM

Educational lecture 2nd Thursday at 7:15 PM

**OCEAN COUNTY****Stafford**

Contact: Gary Thorne Jr

Phone: (609) 384-5124

E-mail: info@dbsanewjersey.org

Location:

The Ocean Club and Family Resource Center of  
SOCH  
Family Resource Room  
700 South US 9  
Stafford Township, NJ 08092

1st and 3rd Friday 7:15 PM - 9:00 PM

**Ocean County (Toms River)**

Contact: Bonnie W.

Phone: (732) 505-1231

E-mail: singtune@yahoo.com

Location:

Community Medical Center  
99 Rt 37  
Toms River, NJ 08755

Wednesday and Friday 7:30 PM - 9:30 PM

**PASSAIC COUNTY****Passaic County (Clifton)**

Contact: Dennise (ext 17)

Phone: (973) 478-4444

E-mail: dbabin@mhpassaic.org

Location:

Mental Health Association in Passaic  
404 Clifton Ave  
Clifton, NJ 07011

Monday 6:30 PM - 8:00 PM

**SOMERSET****Somerset**

Contact: John

Phone: (888) 226-6437

E-mail: somerset@dbsanewjersey.org

Location:

Carrier Clinic (Garden Cafe)  
252 County Rd 601  
<Null>

Belle Mead, NJ 08502

Thursday 7:30 - 9:15 PM

(enter through admissions)

**SUSSEX COUNTY****Sussex County (Newton)**

Contact: Dan

Phone: (973) 948-6999

E-mail: dan@scdbsa.org

Location:

Redeemer Lutheran Church  
37 Newton Sparta Rd  
Newton, NJ 07860

Wednesday 7:30 PM

**UNION COUNTY****Summit**

Contact: Theldora

Phone: (908) 233-7074

E-mail: tabasile@verizon.net

Location:

Overlook Hospital  
99 Beauvoir Ave  
Summit, NJ 07901

Conference Room 1 1st and 3rd Thursday 7:30 PM - 9:00 PM

Conference Room 2 last Saturday 1:00 PM - 3:00 PM

**Westfield**

Contact: Theldora

Phone: (908) 233-7074

E-mail: tabasile@verizon.net

Location:

First Baptist of Westfield  
170 Elm St  
Westfield, NJ 07090

Monthly on the first OR second Tuesday 7:30 PM - 9:00 PM (contact group or see website for exact dates)

**DELAWARE****New Directions Delaware (Wilmington)**

Contact: Bebe

Phone: (302) 286-1161

E-mail: support@newdirectionsdelaware.org

Location:

Aldersgate Methodist Church  
2313 Concord Pike  
Wilmington, DE 19803

2nd and 4th Monday, 7:15 PM

Educational meeting 3rd Monday

**PENNSYLVANIA****Lehigh Valley (Allentown)**

Contact: Terry Deutsch

Phone: (610) 437-2741

E-mail: dbsalv@hotmail.com

Location:

First Presbyterian Church  
3231 Tilghman Street  
Allentown, PA 18104

Wednesday 7:00 - 9:00 PM

**NEW YORK****Rockland County (New City)**

Contact: Leslie Davis

Phone: (845) 837-1182

E-mail: dbsa.rockland@yahoo.com

Location:

St. John's Episcopal Church  
365 Strawtown Road  
New City, NY 10956

Thursday 6:30 - 8:30 PM