

DBSA New Jersey Annual Conference

Dimensions of Wellness: Empower Yourself

May 8, 2010

Robert Wood Johnson University Hospital

New Brunswick, NJ

SCHEDULE

8:15 AM – 9:10 AM	Registration
9:10 AM – 9:20 AM	Auditorium: Welcome
9:20 AM – 9:35 AM	Auditorium: <i>A Remembrance of Naomi Sims</i> with Jay Cobb
9:35 AM – 10:50 AM	Auditorium: Dr. David Nathan, psychiatrist. <i>The Art and Science of Psychiatric Diagnosis</i>
11:00 AM – 12:15 PM	Auditorium: Ellen Cottone, Registered Dietician. <i>Nutrition for Mental and Physical Wellness</i> Board Room: Brandi Davison, Program Supervisor for Supported Employment, UBHC. <i>Supported Employment</i>
12:20 PM – 1:20 PM	Auditorium: Lunch
1:30 PM – 2:45 PM	Auditorium: Cindy Haines, psychologist. <i>Anxiety: Ways to Promote Wellness</i> Board Room: Huntley Forrester, NJWINS. <i>Social Security Work Incentives—Tools for Empowerment</i>
2:55 PM – 4:10 PM	Auditorium: <i>Point-Counterpoint on the New Jersey Outpatient Commitment Law</i> with Phil Lubitz, Associate Director of NAMI-NJ and Nora Barrett, MSW, Associate Professor, University of Medicine and Dentistry of New Jersey

This conference is dedicated to the memory of Naomi Sims, African-American super model, entrepreneur, and a person who lived with bipolar disorder.